



The Fifth Sunday
after the Epiphany

February 9, 2020

SALT & LIGHT!

THE GATHERING

GATHERING MUSIC

Organist: Su Lee

WELCOME

Please remain seated.

The Rev. John Seib

OPENING HYMN

Christ, whose glory fills the skies

Hymnal 7

OPENING ACCLAMATION & PRAYER

Blessed be God: Father, Son and Holy Spirit.

And blessed be God's kingdom, now and for ever. Amen

Let us pray: **Almighty God to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name, through Christ our Lord. Amen**

GLORIA

Hymnal S-280

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us. You are seated at the right hand of the Father; receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen

PRAYER OF THE DAY (Collect)

Please be seated.

The Lord be with you. And also with you.

Let us pray: Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen

THE PROCLAMATION OF THE WORD

SCRIPTURE READING

Isaiah 58:1-9a

Shout out, do not hold back!

Lift up your voice like a trumpet!

Announce to my people their rebellion,
to the house of Jacob their sins.

Yet day after day they seek me
and delight to know my ways,

as if they were a nation that practiced righteousness
and did not forsake the ordinance of their God;

they ask of me righteous judgments,
they delight to draw near to God.

“Why do we fast, but you do not see?

Why humble ourselves, but you do not notice?”

Look, you serve your own interest on your fast day,
and oppress all your workers.

Look, you fast only to quarrel and to fight
and to strike with a wicked fist.

Such fasting as you do today
will not make your voice heard on high.

Is such the fast that I choose,
a day to humble oneself?

Is it to bow down the head like a bulrush,
and to lie in sackcloth and ashes?

Will you call this a fast,
a day acceptable to the LORD?

Is not this the fast that I choose:
to loose the bonds of injustice,
to undo the thongs of the yoke,
to let the oppressed go free,
and to break every yoke?

Is it not to share your bread with the hungry,
and bring the homeless poor into your house;
when you see the naked, to cover them,
and not to hide yourself from your own kin?
Then your light shall break forth like the dawn,
and your healing shall spring up quickly;
your vindicator shall go before you,
the glory of the LORD shall be your rear guard.
Then you shall call, and the LORD will answer;
you shall cry for help, and he will say, Here I am.

Reader The word of the Lord.

All **Thanks be to God.**

PSALM 112:1-9 (10 am: *Sung – Anglican Chant*)

- 1 Hallelujah!
 Happy are they who fear the Lord *
 and have great delight in his commandments!
- 2 Their descendants will be mighty in the land; *
 the generation of the upright will be blessed.
- 3 Wealth and riches will be in their house, *
 and their righteousness will last for ever.
- 4 Light shines in the darkness for the upright; *
 the righteous are merciful and full of
 compassion.
- 5 It is good for them to be generous in lending *
 and to manage their affairs with justice.
- 6 For they will never be shaken; *
 the righteous will be kept in everlasting
 remembrance.

- 7 They will not be afraid of any evil rumors; *
 their heart is right;
 they put their trust in the Lord.
- 8 Their heart is established and will not shrink, *
 until they see their desire upon their enemies.
- 9 They have given freely to the poor, *
 and their righteousness stands fast for ever;
 they will hold up their head with honor.

All who are able, please stand for the reading of the Gospel.

GOSPEL ACCLAMATION

(sing refrain 3x)

Al - le - lu - ia! Al - le - lu - ia!

Al - le - lu - ia! Al - le - lu - ia!

Priest The Lord be with you.

All **And also with you.**

Priest The Holy Gospel of our Lord Jesus Christ,
 according to Matthew.

All **Glory to you, Lord Christ!**

THE GOSPEL

Matthew 5:13-20

Jesus said, "You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

"You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it

under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

“Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.”

At the conclusion of the reading...

Priest The Gospel of Christ,
All **Praise to you, Lord Christ!**
Sing refrain **Alleluia...**

SERMON

The Rev. John Seib

MUSICAL MEDITATION (Choir Anthem)

THE APOSTLES' CREED

All able to do so, please stand

Let us affirm our faith in the words of the creed that unites us as followers of Jesus:

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen

THE PRAYERS OF THE PEOPLE *Please be seated for prayer.*

*At the 10 am service "O God We Call" is sung twice.
Everyone is invited to join in this preparation for prayer.*

***O God we call, O God we call,
From deep inside we yearn, from deep inside we yearn,
From deep inside we yearn for you.***

In the offering of our prayers, let us draw upon God's holy and life-giving waters to refresh our hearts, responding "Hear us, God of Glory."

For the courage to live with integrity, that what is visible in our outward actions reveals the Holy Spirit of God residing within our soul; let us pray. ***Hear us, God of Glory.***

That we may discover the light that is within us, placing it upon the lamp stands of the world, offering a way of hope for those who live under the burden of poverty, abuse, oppression, and degradation of every kind; let us pray. ***Hear us, God of Glory.***

That the commandments of God may be the pathways upon which we walk, that through them the whole community of God's people may prosper and live in mutual trust and goodness; let us pray. *Hear us, God of Glory.*

For those in positions of public trust, that they may have a vision of the global good over political gain, and the welfare of the whole over the special interests of the few; let us pray. *Hear us, God of Glory.*

In thanksgiving for those whose lives enriched our own, and who now live in the communion of saints, in whose company we may one day reside; let us pray. *Hear us, God of Glory.*

Guided by the light of Christ shining in our hearts, we continue our prayers:

We pray for God's healing and comfort for those connected with this congregation who are ill or homebound, and all who have asked for our prayers.

We give thanks this week for the birthdays of Claudia Conroy, Peggy Thrasher, Dawn Lagatutta, Libbie Foels, Elva Jean Baeslack, Casey Green, and Jim Maurer; and, for the anniversaries of Art & Joyce Lee, and Dennis & Janette Phillips.

We ask for God's blessing on all who are considering baptism or confirmation, especially the young people attending our Confirmation Class.

[You may add your own prayers of thanksgiving or petition, silently or aloud.]

Then the concluding collect is said by all:

Faithful God, you have called us to be a light shining in the world. Make us reflect the light of Christ, so that people see your love and goodness in our words and actions. We ask this through Jesus Christ our Lord. Amen

PRAYER FOR HEALING

Meditative music is played as prayer for healing is offered at the front of the church.

THE PEACE

All able to do so, please stand

Priest **The peace of the Lord be always with you.**

All **And also with you.**

The members of the community greet one another. Then all return to their places and remain seated for the offertory.

THE CELEBRATION OF THE EUCHARIST

OFFERTORY SENTENCE

Let your light so shine before others, that they may see your good deeds and glorify God in heaven. – *Matthew 5:16*

Music is played as the altar is prepared and offerings are collected. As the gifts are brought forward, all able to do so, please stand.

THE DOXOLOGY

Old 100th

Hymnal 380, v. 3

Praise God, from whom all blessings flow;

Praise him, all creatures here below;

Praise him above, ye heavenly host:

Praise Father, Son, and Holy Ghost. Amen

PRESENTATION & PRAYER OVER THE GIFTS

Generous God, we bring these gifts and our lives to be used by you. Let the light of Christ in each of us shine brightly, revealing the places where we can lift someone out of the shadows and into your marvelous light. We ask this in Jesus' name. Amen

EUCHARISTIC PRAYER

(BCP Prayer B)

The Lord be with you. **And also with you.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS

8 am *Spoken, as follows:*

**Holy, holy, holy Lord, God of power and might,
Heaven and earth are full of your glory:**

Hosanna in the highest!

**Blessed is he who comes in the name of the Lord:
Hosanna in the highest!**

10 am Sung

Holy, Holy, Holy is the Lord of Hosts

(For music, see insert)

Holy, holy, holy is the Lord of hosts. (2x)

The whole earth is full of his glory. (3x)

Holy is the Lord!

Blessed is the One who comes

in the name of the Lord. (2x)

Hosanna in the highest. (3x)

Holy is the Lord!

(Please be seated or kneel for the remainder of the prayer.)

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever

you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

We remember his death,

We proclaim his resurrection,

We await his coming in glory;

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit.

In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with St. Mark and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all honor and glory are yours, Almighty Father, now and for ever. Amen

THE LORD'S PRAYER

Priest And now, as our Savior has taught us, we are bold to say:

All **Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this**

day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen

THE BREAKING OF THE BREAD (FRACTION ANTHEM)

As the bread is broken, the choir leads the congregation in a Fraction Anthem: Jesus, Lamb of God Hymnal S-164

Priest We share the bread of life, and that life is the light of the world.

All **God here among us, light in the midst of us, bring us to light and life.**

Priest The Gifts of God for the people of God.

All **Thanks be to God!**



COMMUNION

Everyone is invited to receive the Holy Communion. Communion may be taken in both forms, or in bread or wine alone. Gluten free wafers are available; please let the priest know if you need them. Those who choose to not receive communion are welcome to come forward for a blessing. During Communion, meditative music is played, and the following hymn is sung.

COMMUNION HYMN *Be thou my vision Hymnal 488*

SENDING OUT OF THE DISCIPLES

PRAYER AFTER COMMUNION

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior

Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. *Amen*

BLESSING

May God the Father show you the light of his glory in the face of his Son, so that you may be a light to the world; and may the blessing of God – our Creator, Redeemer & Sustainer – be with us all, now and for ever. *Amen*

ANNOUNCEMENTS & BIRTHDAYS/ANNIVERSARIES

CLOSING HYMN *Lord of all being* *Hymnal 419*

DISMISSAL

Celebrant Go in peace. Your light has come. Alleluia!
All **Thanks be to God. Alleluia!**

POSTLUDE

Whether you're visiting or regularly attend St. Mark's, you are very welcome here. Please sign our Guest Book located on the table near the door.

***PLEASE JOIN US** for refreshments & conversation in the Fellowship Hall following the 10 am service. Thanks to Ellen & Marty Hall for hosting today's Coffee Hour!*

The Memorial Candle burns today in memory of Ron Hanks, given by the Neumann Family.

CREDITS: Collect/Prayer of the Day, RCL. Prayers from *Planning for Rites and Rituals Year A, 2019-2020*, Episcopal Church Publishing. Concluding collect, LCA. Prayer over the Gifts adapted from *Inherit the Blessing: Service Prayers for the Fifth Sunday after Epiphany*, written by the Rev. Renee C. Jackson, UCC. Epiphany Blessing from *Common Worship*.

ST. MARK'S CALENDAR & ANNOUNCEMENTS

Everyone is welcome to join us for **Mid-Week Eucharist and Roundtable Discussion** in the chapel at 10:00 am this **Wednesday, February 12**. At our weekday service we look for inspiration in the lives of men/women commemorated by the church. This week we'll reflect on the life and ministry of Fanny Crosby, poet and author of many beloved hymns.



SHOW YOUR LOVE...Participate in our Valentine's Food Drive next Sunday (2/16)! Please bring donations of nonperishables and canned goods to support NT's Inter-Church Food Pantry.

Lectionary readings assigned for NEXT SUNDAY, Feb. 16: Ecclesiasticus 15:11-20 (not read in service) • Psalm 119:9-16 • 1 Corinthians 3:1-9 • Matthew 5:21-24, 27-30, 33-37

St. Mark's Annual "Theme Tray/Basket Auction" is on Sunday, February 23. Doors open at 1 pm; drawings are at 3 pm. \$5 admission gets you a sheet of tickets, piece of pizza and a drink. Auction includes baskets, gift cards, big ticket items and a 50/50 drawing. Please see the sheet that suggests items to donate....and sign up to help on the chart in the hallway!

Experience the health benefits of therapeutic massage...right here at St. Mark's, with special discount rates available to our parishioners! Call Marlene Marciniak, LMT at 743-8844 for more information or to schedule an appointment.



St. Mark's
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years of service & love

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The Rt. Rev. Sean Rowe, Bishop of Western New York

The Rev. John Seib, Priest-in-Charge:

Mobile phone: (315) 775-9851; Email: jnseib@gmail.com

Vestry:

Rich Fischer (Treasurer), Rebecca Goris (Co-Warden, Clerk),
Marty Hall, Linda Hardy, Jane Lemley, Benjamin
Phillips (Co-Warden), Jeff Trenchard, Ray Wolf

NOTICE re the Vestry Election and Annual General Meeting

This meeting has been set for **SUNDAY, MARCH 1, 2020**. In addition to reports from our Treasurer and parish leaders, the election of Vestry members will take place that day.

We're pleased to report that some people have stepped forward indicating their willingness to serve on the Vestry or a parish committee. The Nominating Committee will distribute a list of candidates along with brief bios during the two weeks prior to the meeting (February 16 and 23).